



Update on PCE Nutrition project

Marién Castillo Sánchez



PANCREATIC
CANCER EUROPE



Information about speaker

Marién Castillo Sánchez. PhD in Pharmacy. Lecturer at University Alfonso X El Sabio, Madrid
Involved in research on Pancreatic Cancer since 2011 in different projects at CNIO and IRYCIS.



Financial disclosure

Does not have any relevant financial relationship to disclose

Nutrition and Pancreatic Cancer Project

The **general aim** of the project is to make **nutrition central** in the care of pancreatic cancer patients

Duration

The project will last 15 months

2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	2023
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	

Specific objectives

1. To raise awareness on appropriate nutrition for pancreatic cancer patients.
2. To communicate the importance of early identification of nutrition needs in pancreatic cancer patients.
3. To support the early malnutrition detection in pancreatic cancer patients.
4. To foster knowledge on nutrition for supporting pancreatic cancer treatment

Actions



Main steps of the Awareness Campaign

Preparation
of
information
material

Outreach to
our members
and relevant
stakeholders

Translation
into selected
EU
languages

Launch of
the
awareness
campaign on
social media

7 infographics

What is nutrition?

Importance of nutrition within the treatment process:

How to detect malnutrition in pancreatic cancer patients

Support of carers in nutrition

Support of practitioners in nutrition

Nutrition and Microbiota in Pancreatic cancer

Home Parenteral Nutrition

1. What is nutrition?

Target: general public

- Definition of nutrition
- Importance of nutrition for patients
- List the general benefits of good nutrition for patients
- Types of nutrition for pancreatic cancer patients

2. Importance of nutrition within the treatment process

Target: general public

- Benefits of good nutrition and physical exercise in the treatment process
- Possible consequences of malnutrition in the treatment process

3. How to detect malnutrition in pancreatic cancer patients

Target: general public

- Physical checking

4. Support of carers in nutrition

Target: general public, carers

- What carers need to know
- Signs the carer needs to pay attention to
- What carers need to do to improve the quality of the patient's nutrition

5. Support of practitioners in nutrition

Target: practitioners

- How to detect malnutrition, the signals to be aware of
- How to treat malnutrition
- Possible consequences of malnutrition in the treatment process
- Recommendations to surgeons

6. Nutrition and Microbiota in Pancreatic cancer

Target: general public

- What microbiota is?
- Benefits from microbiota

7. Home Parenteral Nutrition (HPN)

Target: general public

- What HPN is?
- Why home parenteral nutrition?
- Agents for home parenteral nutrition

Today and future

- 7 Infographics, last version

NOW

NEXT STEPS

- Launching
- Activities for patients and practitioners

THANK YOU

contact@pancreaticcancereurope.eu